

KINLOCH

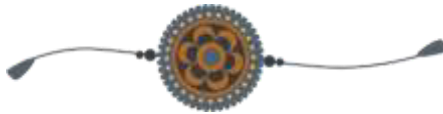
· MANOR & VILLAS ·



SPA MENU

SPA MENU

After an encounter with the endless variety of activities this beautiful area has to offer, we would like to take you on a journey into a haven of relaxation and caring touch. Here at The Solar, we begin your spa ritual with our homemade herbal tea to assist immersing yourself into a state of tranquillity. Our compilation of treatments is thoughtfully designed to create a personalized “You Time” to sooth and balance your body, mind and soul. To add onto your spa experience, we choose products and ingredients that are all natural and New Zealand made. Some are even sourced from our garden and our Owner’s Estate at Treetops Lodge.



To avoid disappointment, we recommend booking your spa treatment in advance.

SIGNATURE TREATMENTS

Birdie

60 Minutes | NZD 435

A Massage dedicated to our Golfers, but not limited to them! Using heated Golf Balls combined with the soothing touch of your therapists' hands to relax tired muscle's.

Queen Bee

90 Minutes | NZD 520

We put a very strong focus on our 'Estate to Plate Philosophy' and have therefore created a facial for which we are using our own Honey. Manuka honey has been found to have higher therapeutic properties than other varieties. Besides being packed with Vitamins and Enzymes, it also promotes skin regeneration, hydrates and assists anti-aging. Manuka Honey is wonderful for any type of skin, even acne and rosacea. We combine this golden treasure with techniques that will reduce the stress manifested in various areas of the body. As a result, this ultimate pampering will make you glow and walk on clouds!

Kia hora te marino, kia whakapapa pounamu te moana, kia tere te
Kārohirohi i mua i tou huarahi.

May the calm be widespread, may the ocean glisten as greenstone, may the shimmer of light ever
dance across your pathway.

MASSAGE

Relaxation Massage

60 / 90 Minutes | NZD 280 / NZD 345

Light to medium pressure. A flowing technique to reduce muscular and mental tension, enabling the body to heal itself.

Deep Tissue Massage

60 / 90 Minutes | NZD 300 / NZD 375

Firm pressure. Slow strokes and deep gliding pressure along the muscles length to reduce build-up of accumulated tension in muscles and tissues, using elbows, forearms and knuckles.

Pregnancy Massage

45 Minutes | NZD \$260

Pregnancy massages are generally considered safe after the first trimester, as long as you get the green light from your practitioner and you let your massage therapist know you're pregnant. Our therapist will make accommodations with a pregnancy mattress that allows you to lie face down safely, while providing room for your growing belly. A relaxing massage to help relieve aches in your back and leg cramps.

Hot Stone Massage

60 / 90 Minutes | NZD 300 / NZD 375

Rebalance your mind, body and soul as the hot stones melt away tense muscles, sore joints and bring balance back to your body. A relaxing treatment, light to medium pressure.

Back, Neck and Shoulder Massage

30 Minutes | NZD 200

A quick but effective fix before or after "playing". A massage that focuses on the key areas that hold stress. Great before or after a round of Golf, Biking, Hiking or if you just have a little time to spare.

Kaha Ra Mirimiri Massage

90 Minutes | NZD 575

"Kaha Ra Kia whai mana te kikokiko Kia urutae tau Wairua Me whakae te mauri ki nga uru-pounamu e wai-whetu mai I te Ao o tua-rere" (Kaha Ra Empowers the physical body with spiritual consent, blessed by the life essence that shines brightly as the myriads of heavens in the universe) .

'Kaha' means strong and 'Ra' means light/illumination - a deep and nurturing body therapy that supports the body to release cellular memory, raising its vibration and releasing that which no longer serves us, physically, emotionally and spiritually. Kaha Ra Mirimiri combines traditional indigenous healing methods as follows; Mirimiri (massage) - Mirimiri massage connects with the central nervous system aiding the release of tension and stress, bequeathing you deep relaxation, and a sense of clarity and rejuvenation, Romiromi (deep tissue), Romiromi accesses stimulation points to aid the release of cellular blockages, toxins, pain and extraneous energy, replacing these with positive energy and vitality, Wairuatanga (spirit), Te Whe (sound healing), Wahi Tapu (sacred space), Rongoa (Maori Medicine), sacred geometry, mahana Kohatu (warm Lemurian healing stones), Wai Tai (Sea water) and Wai Tapu (sacred water).

BODY TREATMENTS

Chocolate & Ylang-Ylang Body Polish

45 Minutes | NZD 280

Chocolate notes combined with feminine, floral scents of Ylang-Ylang. Decadent butters and raw sugar, polish and exfoliate the skin leaving it smooth, nourished and glowing. Extra rich raw Cacao and ylang ylang flowers leave the skin remineralised and deliciously scented.

Coconut and Lime Flower Body Polish

45 Minutes | NZD 270

Uplifting Lime and the scent of Coconut transfer you into that “beautiful summer’s day” feeling. Decadent butters and raw sugar, polish and exfoliate the skin leaving it smooth, nourished and glowing. Essential oils of Lime and Coconut extract revitalize and refresh.

Immune Boosting Rejuvenation Wrap

45 Minutes | NZD 290

Our nourishing immune boosting body wrap is packed with vitamins and minerals, boosting the immune system and is most effective when combined with an exfoliating body polish and an energizing massage to encourage healthy circulation and lymph flow.

Detox Seaweed Body Wrap

45 Minutes | NZD 290

Stimulating and invigorating. Organic seaweed, Centella Asiatica, Guarana extract and essential oils of Cypress, Juniper and Lemon help to encourage lymph flow and toxin removal, promoting a reduction in fat deposit and encourage less edema and cellulite formation.

FACIALS

Rose Balancing Antiaging Facial

60 Minutes | NZD 320

A nurturing and Balancing experience for both body and mind. Rose encourages harmony and wellbeing. The perfect facial for stressed, ageing or hormonal skin

Remineralising Antioxidant Facial

60 Minutes | NZD 320

A vitamin rich and delicious facial using raw cacao to deliver vital vitamins and nutrients to the skin. A combination of free radical fighting, vitamin and mineral rich ingredients, perfect to combat signs of ageing, hydrating the skin and leaving it smooth and glowing.

Radiance Rejuvenating Facial

60 Minutes | NZD 320

A brightening, firming and regenerating facial to restore radiance to dull and tired complexions. Increases circulation and refines skin.

ADD ONS

Enhancers

Each 20 Minutes | NZD 115

Foot Scrub

Foot Massage

Warm scalp Massage

Back and Neck Massage

DESIGN A RITUAL THAT SUITS YOU

The Ultimate Glow

3 Hours | NZD 735

Choose one of each:

Scrub

- Chocolate & Ylang-Ylang Scrub
- Coconut and Lime Flower Scrub

Wrap

- Immune Boosting Rejuvenation Wrap
- Detox Seaweed Body Wrap

Massage

- Relaxing Massage
- Deep Tissue

Facial

- Remineralising Antioxidant Facial
- Radiance Rejuvenating Facial

WALKING ON CLOUDS

90 Minutes | NZD 437

Choose one of each:

Scrub

- Chocolate & Ylang-Ylang Scrub
- Coconut and Lime Flower Scrub

Massage

- Relaxing Massage
- Deep Tissue

Whāia te iti kahurangi ki te tūohu koe me he maunga teitei

Seek the treasure you value most dearly: if you bow your head, let it be to a lofty mountain (Aim high for what is truly valuable, be persistent and don't let obstacles stop you from reaching your goal)

SPA ETIQUETTE

RESERVATIONS by email - reservations@thekinlochclub.com or telephone +64 (0)7 377 8482

OPENING TIMES - Flexible by arrangement

ARRIVAL Clients for the day spa should arrive 10 minutes prior to appointment time. This is to prepare for your treatment without affecting your treatment time. Please note we adhere to a prompt appointment schedule. This means if you arrive late, unfortunately we can offer only the time remaining of your treatment.

VALUABLES We recommend not wearing jewellery or valuables. The Kinloch Manor cannot be held responsible for any loss or theft.

SPA ETIQUETTE The spa is designed for relaxation and tranquillity, *therefore* it would be appreciated if you could please refrain from using mobile phones.

AGE REQUIREMENT We welcome all ages to the spa, but ask that children under 12 are accompanied by an adult.

HEALTH CONDITIONS Please be sure to tell us about any health conditions, injuries or allergies that could affect your treatment or use of spa facilities when completing the guest questionnaire.

GIFT VOUCHERS by email - reservations@thekinlochclub.com or telephone +64 (0)7 377 8482

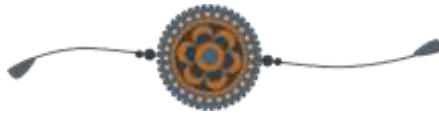
ALL RATES QUOTED include Government Tax. Rates and offered Services are subject to change without any prior notice.

CANCELLATION POLICY

Should you need to cancel or reschedule, please notify us at least 24 hours in advance. Any cancellations or rescheduling with less than 24 hours of notice or no-show appointments are subject to a cancellation fee amounting to 100% of the cost of the scheduled service.

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reservations@thekinlochclub.com

Updated 22.11.22 - Prices valid until 31.03.2024